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Free Yourself From Fears With NLP: Overcoming Anxiety And Living Without Worry

FREE

Free Yourself From

FEARS

WITH NLP

Overcoming Anxiety and Living Without Worry

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O'Connor

*Author of the international bestseller
INTRODUCING NLP*



Synopsis

This practical audiobook will help you to know when to trust and when not to trust, how to develop your intuition to stay safe when there is real danger, how to deal with worry and change in light of an uncertain future and, most importantly, to be in the here and now, living your life to the fullest.

Book Information

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